



**UNIVERSITÀ  
DEGLI STUDI  
DI TRIESTE**

Area dei Servizi Istituzionali  
Unità di staff Internazionalizzazione  
Servizio Mobilità Internazionale

## **ERASMUS+ TRAINEESHIP CALL FOR A.Y. 2022/2023**

### **BASIC INFORMATION**

**Application period:** from 6<sup>th</sup> June 2023 to 6<sup>th</sup> July 2023 by 12.00 PM

**Eligible candidates:** - students currently enrolled at First, Second and Third level of education  
- graduating students and doctoral candidates (traineeship must occur within one year of graduation; candidates must apply while *still enrolled*)

**Eligible countries:** the following Erasmus+ programme countries: Austria, Belgium, Bulgaria, Cyprus, Croatia, Denmark, Estonia, Finland, France, Germany, Greece, Ireland, Iceland, Liechtenstein, Latvia, Lithuania, Luxembourg, Malta, Norway, Holland-The Netherlands, Poland, Portugal, Czech Republic, North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Hungary + Switzerland and UK as third countries not associated to the Programme.

**Eligible activities:** internships/traineeships in institutions based in one of the above-mentioned countries (with the exception of EU institutions, bodies and agencies)

**Minimum duration:** 2 months (i.e. 60 consecutive days)

**Mobility period:** may start from August 2023 – must end within 31<sup>st</sup> July 2024

**Grant:** € 400-500 (per month) according to the country of destination; based on the real duration of the mobility period

**Any additional integrations:** € 250 per month for economic disadvantages candidates

**HOW TO APPLY** Eligible candidates must access the ESSE3 online services and complete the application by uploading the required documents within one of the reference period (see application period above). Please refer to the instructions on the website: [STUDENTI OUTGOING - Programma ERASMUS+ - Università di Trieste \(units.it\)](#)

**N.B.** If necessary, applications will be accepted on a first come first served basis, for as long as funds are available

**Documents required:** self-certification, Learning Agreement signed by the International Mobility Head Coordinator/Traineeship Head Coordinator (or by the supervisor and course coordinator for doctoral students) and signed and stamped by the hosting institution. Incomplete and/or not finalized in ESSE3 applications will not be accepted.

**Notification of the status of the application:** candidates will receive an e-mail stating whether they qualify for the grant.

**DISCLAIMER:** this is an overview of the official notice (AVVISO APERTURA PROCEDURA ASSEGNAZIONE BORSE TRAINEESHIP ERASMUS+) available (in Italian only) at [STUDENTI OUTGOING - Programma ERASMUS+ - Università di Trieste \(units.it\)](#). Non-Italian speaking candidates are kindly asked to check the above information and – if interested in applying - seek assistance by sending an email to the International Mobility Service at [outgoing.students@amm.units.it](mailto:outgoing.students@amm.units.it) in due time before the deadline.